

Tools for Blowing April 2015

Small Group or Work Time

Materials	Set-Up	Activity	Target Skills
<ol style="list-style-type: none"> 1. Flexible Straws 2. Cotton balls 3. Aluminum Foil balls <p>Variations:</p> <ul style="list-style-type: none"> • Use empty dish liquid containers or squirt bottles to blow items 	<ul style="list-style-type: none"> • Place straws and cotton ball on table-top surface • Demo for student blowing the cotton ball back and forth on the table-top 	<ul style="list-style-type: none"> • Place cotton ball on table top next to student • Student places straw in mouth with bended end resting on tabletop • Student blows cotton ball to the other end of table either across a finish line or to another student • If another student, that student blows cotton ball back <p>Variations:</p> <ol style="list-style-type: none"> 1. Have student kneel at table surface to blow cotton ball 2. Student can lay prone on belly on 	<ul style="list-style-type: none"> • Focusing • Alerting/Attending • Calming • Convergence/Divergence of Eyes

		<p>floor and blow cotton ball back and forth or to a finish line</p> <ol style="list-style-type: none">3. Student can lay on floor on belly and blow balls on resting mat4. Blow different materials such as aluminum foil balls, paper wads, etc.5. Move objects from place to place by sucking on the straw and carrying the object/de-positing it	
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